**Tリアニアルシステム**

For the academies that provide degree graduations every four months, the IBJJF suggests two degrees for each belt. The third degree will be graduating the athlete to the next belt color according to the images below.

**総合システム**

Degree system suggestion for practitioners between 4 to 15 years old.
The IBJJF suggests that instructor promote one degree per month for White belts and Grey/White belts until the period of one year is complete.

### Degree System for the White Belt and the Grey/White Belt

#### General System of Graduation

**Degree system suggestion for practitioners between 4 to 15 years old**

**White Belt / Total:** 6 months

1st Month

2nd Month

3rd Month

4th Month

5th Month

6th Month

**Grey / White Belt / Total:** 6 months

1st Month

2nd Month

3rd Month

4th Month

5th Month

6th Month